



Let's Get Together

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United Methodist Women Newsletter
May 2010

MESSAGE FROM THE DISTRICT *by Ruth Mulkey*

Please pray for me as I attend the United Methodist Women's Assembly in Saint Louis the first of May. A busload of woman from all over Virginia will be traveling together to participate in this exciting event. UMW members from all over the world will take part in the Assembly which is held every four years. I am looking forward to being truly inspired by the worship and witness of our organization. Maybe I will have some stories and pictures to share when I return.



The next District Event will be held at Rising Hope United Methodist Mission Church on Route 1 on Saturday, June 12 from 9:00 -2:00. In the morning the director will highlight the work of the mission and give a tour of the facility. Then those attending will have an opportunity to join in the mission of the church, working in the food pantry or clothes closet. After lunch, and service of prayer and communion will be held. Child care will be provided. This event is a fine opportunity to see our Mission dollars at work.

Many thanks to Sandy Rudolph for spear-heading our own effort to provide School Kits for UMCOR. The response of the congregation was very generous. Kelly has done a great job of buying items for the bags to add to those already donated, and Beth Smith found the material for the bags which are being sewn by Sandy and Beth and Carole Dysart. What a great mission effort! Showing God's love for children who might otherwise have not even a pencil or paper to use at school. That is what United Methodist Women is all about!

MESSAGE FROM THE UMW COORDINATOR, *by Amy Henderson*



UMW SUNDAY - UMW Sunday will take place on May 9, Mothers Day. This year we will acknowledge the purpose of the UMW by sharing a special gift with women attending the services on that day. Prepared name tags will be available for all members. We will also host Coffee Talk for both services. Information about our fellowship groups and the organization will be available. Plan to attend church that day and take the opportunity to invite a guest to join your group.

THANK YOU - A special thank you goes out to Audrey Lemon for her preparations for the Spring Retreat and Anna Novak for arranging the luncheon. Also, I'd like to acknowledge Ruth Mulkey and her trip to the National UMW Assembly in St. Louis, Missouri April 29 to May 5. We are fortunate to have a member who is involved at the level she is and she deserves many thanks for her commitment to UMW.



PAPERLESS NEWSLETTER - If you would prefer to receive the UMW Newsletter via email, please contact us and provide your current email address. You may also read the newsletter at the Dulin Web site each month. Send your request to office@dulinchurch.org or view the newsletter and connect to UMW links at the www.dulinchurch.org site under Outreach.



UMW SPRING RETREAT *by Judy White*

On April 10, 2010 about 30 women gathered for the Spring Retreat. The theme of the meeting was "No Cookie Cutter Prayers". Pastor Mochel Morris led us in a study of various types of prayer. First we considered the Lord's Prayer and read some slightly different versions of it. As we read various scriptures from Matthew, Luke, John, Ephesians, 1 Corinthians, and Psalms, we reflected on how these scriptures might guide us in our prayers. We were invited to take a walk outside or stay indoors, listening to beautiful music, while we contemplated signs of God's love, beauty, power, wisdom, goodness, and balance. We prayed to praise and thank God, and we were encouraged to act in faith and trust in God's wisdom, power, and love.



We began the meeting with a delicious breakfast. After our prayer study was finished, we had a catered lunch.

Thanks to Pastor Mochel for teaching us; and thanks to the ladies who organized the meeting and prepared or arranged for the food. This was a wonderful retreat.

JOSHUA'S WAY FELLOWSHIP *by Sandy Rudolph*

The Joshua's Way fellowship met on Monday, April 5th. Three members, Sandy Rudolph, Beth Smith, Kelly Hardy and a visitor, Carole Dysart were present. Sandy Rudolph gave the lesson based on Psalm 51: 6-15 and the lesson incorporated the gifts included for the school kits we are preparing to send to the UMCOR Sager-Brown warehouse for children of disaster. As we talked about the scissors, crayons, rulers, pencils, etc that go into the kits, we were challenged to remember the less fortunate and share our gifts with others to raise consciousness of caring, and help lead all to justice, healing, and spiritual development. Kelly Hardy volunteered to do the shopping for the School Kit Supplies and Beth Smith volunteered to purchase the material and oversee the cutting and sewing of the denim "totes". Carole also volunteered to help with the sewing! A date to assemble the kits is yet to be determined.

Beth Smith shared a poem written by Audrey Hepburn as a young woman, which was read later at her funeral called her "Beauty Tips": "For attractive lips, speak words of kindness. For lovely eyes, seek out the good in people. For a slim figure, share your food with the hungry. For beautiful hair, let a child run his/her fingers through it once a day. For poise, walk with the knowledge that you never walk alone. People, even more than things, have to be restored, renewed, revived, reclaimed, and redeemed; never throw out anyone. Remember, if you ever need a helping hand, you will find one at the end of each of your arms. As you grow older, you will discover that you have two hands; one for helping yourself, and the other for helping others."

We discussed the Spring UMW Meeting to be held on Saturday morning, April 10th from 9:30 to 12:30. UMW Sunday was discussed as it will be on May 9th, and each member of UMW is to wear a hat! Our meeting was closed with prayer for the less fortunate.

After the meeting adjourned, we all enjoyed Birthday cake to celebrate Sandy Rudolph's Birthday. We will meet next month on May 3rd at the home of Amy Henderson as she will be back from Florida -- welcome home Amy!

RED BIRD MISSION FELLOWSHIP, PATTY MADDOX FELLOWSHIP and **HERMANITA'S FELLOWSHIP** did not meet in the April, but instead joined with other women of the church at the Spring Retreat.



CALENDAR OF EVENTS:

April 30-May 2 - *United Methodist Women Assembly* in St. Louis, Missouri

May 9 - *UMW Sunday*

June 12 - *District Event* at Rising Hope United Methodist Mission Church