

## Discipleship in a messy world: an adult Sunday school class

The world is full of crises and fear right now. There is a tremendous need for faithful discipleship to help us address the many problems that humanity faces. Each of us is called to do something, which may be very quiet and local, or bigger and louder. All of us are called to bring our gifts and our love and joy into the world in some way.

The catch is that our blind spots and wounds will always show up in how we try to follow our callings. The same callings that pull us to live our faith in the world, also offer us the wonderful gift of highlighting our shortcomings! Sometimes this can lead us to lose hope, or prevent us from being effective in our efforts. Even worse, it can sometimes cause us to do harm in the name of doing good.

There are ways to practice self-awareness and inward growth that can help us be more effective and more accurate in our work. Please consider joining an adult Sunday school class that will examine some principles of groundedness to help us live our faith more effectively. Using Biblical guidance and principles of conscious action, we will practice identifying our blind spots and growth areas so that we can keep the faith and our discipleship will be more effective.

Class meets on Sundays at 11 a.m. (after worship) in Room 12, starting September 10th. All adults are welcome! Susan Riggs will lead.